

Age Friendly Strategy Implementation Report 2022-2023

Key action/Project		Responsible Team	Delivered
1.	Ensure that there is appropriate fitness programming for older residents through internal and external programming	Community Facilities	<ul style="list-style-type: none"> • Provided a seniors fitness program at KLP 2022 <ul style="list-style-type: none"> - Utilised part funds of a Department of Communities grant that totalled \$10k • 21 low impact classes were run in 2022 at the KLP with 105 attendances <ul style="list-style-type: none"> - A small group of seniors continued with the strength and conditioning program • “Silver Sneakers” 5 week pilot program ran in June 2023 <ul style="list-style-type: none"> - Applied for a fee waiver to cap the price at \$10pp instead of \$11 - Average 7-8 seniors each week (total 37)
2.	Provide opportunities for older residents to connect with each other and other generations and be heard on issues that affect them	Community Development	<ul style="list-style-type: none"> • Seniors Conversation Café <ul style="list-style-type: none"> - Utilised part funds of a Department of Communities grant that totalled \$10k - Morning tea and information session was conducted and Seniors Christmas function in Karratha and Roebourne. • Mornings and afternoon teas were incorporated into Seniors Week • Seniors Week Survey conducted at Healthy Body, Healthy Minds Session • RFQ (Request for Quotation) for Aged Care Needs Analysis • Seniors High Tea & Movie
3.	Establish and promote a calendar of senior specific events and ensure ease of access to community wide events	Community Programs	<ul style="list-style-type: none"> • Officers promoted events in formats that are easily accessible for Seniors (ie. flyers, letterbox drops, newspaper ads) • Continually updated seniors data base to email relevant information • Community Programs team incorporated seniors accessibility when planning City events • Seniors Week 2022 <ul style="list-style-type: none"> - Health & Wellbeing Session (WACHS) – 17 attendees - Accessing the Library Free Resources – 15 attendees - Fun with Photos – 8 attendees - Local History Chat – 15 attendees

			<ul style="list-style-type: none"> - Free Movie – 25 attendees • Christmas functions (Karratha 78 & Roebourne 68) • High Teas & Movies – 26 Feb Session 66 tickets allocated (capped at 50 but sold out so have increased the Number of tickets). Lovely afternoon with 44 Seniors attending. • Free buses to Cossack Art Exhibition morning tea • Monday Memories –1 x month commenced in Feb 2023 (8 people attended) • Memory Preservation Stations – Libraries
4.	Support local clubs and community groups to engage older residents through further understanding of perceived barriers to participation, and fostering universal inclusion	Community Development	<ul style="list-style-type: none"> • Social Inclusion Forum delivered July 2022
5.	Coordinate a needs analysis that focusses on the current and future needs of the aging community including: services, accommodation options and infrastructure	Community Planning	<ul style="list-style-type: none"> • \$20k allocated to Aged Care study to take place across the 2022/23 financial year
6.	Support local businesses to be age friendly through the acceptance of seniors cards and ensuring accessibility	City Growth	<ul style="list-style-type: none"> • City Growth Team led discussions with KDCCI to promote seniors card discounts among local businesses
7.	Implement 'Seniors Parking' scheme; older people have access to allocated parking bays at City facilities	Infrastructure Services	<ul style="list-style-type: none"> • \$25k included in the 2022/23 budget for seniors parking scheme • Commenced sign installation Feb 2023, car park bay stencil and line marking: <ul style="list-style-type: none"> - 5 Towns - 15 Facilities - 25 Parking Bays • Liaised with RTIO to include seniors parking at Wickham shopping centre
8.	Investigate appropriate transport options for older people in the City of Karratha	Community Development	<ul style="list-style-type: none"> • Recommendations from community consultation into public transport forwarded to the Public Transport Authority (PTA) for consideration

			<ul style="list-style-type: none"> - PTA response indicated willingness to explore revised service level, however, will look to City of Karratha to fund additional costs for trial service
9.	Develop a works plan to provide a cyclone clean-up service (pre and post event) for older residents	Parks & Gardens	<ul style="list-style-type: none"> • Clean up service for seniors conducted in Sept/Oct 2022 with 21 Seniors Registered from 4 Towns <ul style="list-style-type: none"> - 17 gardens serviced (2 withdrew, 2 accessed by contractors and did not require any work)
10	Advocate and lobby State and Federal Government on key issues affecting the ageing community and local service providers	Executive Management Team	<ul style="list-style-type: none"> • Meetings held in 2022 with Australian Government – Dept of Health around the “My Aged Care” program and services and Access Care Network Australia
11	Support initiatives to attract and retain health practitioners through working with the health sector	Community Development	<ul style="list-style-type: none"> • Medical Services Housing Subsidy (MSHS) provided to the health sector with 12 participants

Age Friendly Strategy Implementation Report 2023-2024

Key action/Project		Responsible Team	Delivered
1.	Ensure that there is appropriate fitness programming for older residents through internal and external programming	Community Facilities	<ul style="list-style-type: none"> • KLP staff programmed fitness program in 2023 to include seniors. • 4-week Silver Sneaker program scheduled in term 4 <ul style="list-style-type: none"> - included 1 free session during Seniors Week - very LOW attendance (1) with feedback that Thursday was not a preferred day • Small Grant to support Seniors Tai Chi at REAP 2 x week for 12 months (Tuesday & Thursday) \$1560 (covering room hire)
2.	Provide opportunities for older residents to connect with each other and other generations and be heard on issues that affect them	Community Development	<ul style="list-style-type: none"> • Celebrated Seniors in our City <ul style="list-style-type: none"> - 2023 Seniors Week activities across the towns - Sunshine Club Musical 2 November 2023 (50 free tickets allocated)

			<ul style="list-style-type: none"> • Provision of Seniors Newspapers in the Libraries and Karratha Newsagent <ul style="list-style-type: none"> - hard copies and links to electronic versions communicated to Seniors in the newsletters • SCP (Strategic Community Planning) input sessions – promoted to the Seniors networks <ul style="list-style-type: none"> - Senior specific session conducted in May 2024
3.	Establish and promote a calendar of senior specific events and ensure ease of access to community wide events	Community Programs	<ul style="list-style-type: none"> • Seniors Week 2023 <ul style="list-style-type: none"> - Memories & Morning Tea – Dampier (18) - Memories & Morning Tea – Roebourne (40) - Memories & Morning Tea – Karratha (20) - Day at the Museum (90 attended – 60 Seniors) - Silver Sneakers (0) - Celebrating Seniors Story Time (1) - Connect & Create (19) - Karratha Seniors Christmas Lunch (70) - Roebourne Seniors Christmas Lunch (70-75) • Promoted Heritage Week celebrations to seniors • REAF – Seniors free tickets and drink to the WA Opera performance Magpie & the Crow 9 May 2024 • Elders Rights WA – information sessions scheduled for June 2024
4.	Support local clubs and community groups to engage older residents through further understanding of perceived barriers to participation, and fostering universal inclusion	Community Development	<ul style="list-style-type: none"> • Promotion of Autumn Club membership in emails and at functions • Promoted volunteering opportunity at Dampier Seafarers to seniors network in Dampier
5.	Coordinate a needs analysis that focusses on the current and future needs of the aging community including: services, accommodation options and infrastructure	Community Planning	<ul style="list-style-type: none"> • Final report presented to Council for endorsement in Feb 2024 • Pilbara Development Commission conducted a community survey with regards to “Retirement” (Nov-Dec 2023)

6.	Support local businesses to be age friendly through the acceptance of seniors cards and ensuring accessibility	City Growth	<ul style="list-style-type: none"> • WA Seniors Card staff visited the City and ran 5 Sessions over 3 days in 4 towns • Local Businesses that provide seniors card discounts are promoted in seniors newsletters
7.	Implement 'Seniors Parking' scheme; older people have access to allocated parking bays at City facilities	Infrastructure Services	
8.	Investigate appropriate transport options for older people in the City of Karratha	Community Development	<ul style="list-style-type: none"> • Dampier Community Association held an event in September with the purpose to raise funds towards a bus for seniors in Dampier • Regional Independence Services providing accessible transport
9.	Develop a works plan to provide a cyclone clean-up service (pre and post event) for older residents	Parks & Gardens	<ul style="list-style-type: none"> • Clean up service for seniors conducted in Oct/Nov 2023 with 19 Seniors Registered from 2 Towns <ul style="list-style-type: none"> - 15 gardens serviced (3 already tended to by WyCrew or privately, and 1 used the City Green Waste Collection service)
10.	Advocate and lobby State and Federal Government on key issues affecting the ageing community and local service providers	Executive Management Team	<ul style="list-style-type: none"> • Aged Care Needs Analysis and Action Plan received at Feb 2024 Ordinary Council Meeting <ul style="list-style-type: none"> - Update implementation plan and monitoring framework
11.	Support initiatives to attract and retain health practitioners through working with the health sector	Community Development	<ul style="list-style-type: none"> • Medical Services Housing Subsidy (MSHS) provided to the health sector with 8 participants